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www.amorosikarate.com

Amorosi's Mixed Martial Arts

Class Schedule Effective 9/04/07

Category/Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pee Wee	4:00pm		5:00pm		4:30pm	10:00am
Child Karate	6:00pm	6:00pm	5:30pm	6:00pm	6:00pm	11:00am
Child Kick-Boxing	4:30pm	5:00pm				12:00pm
Child Grappling			6:30pm	5:00pm	5:00pm	
Junior Karate	6:00pm	6:00pm	5:30pm	6:00pm	6:00pm	11:00am
Junior Kick-Boxing	4:30pm	5:00pm				12:00pm
Junior Grappling			6:30pm	5:00pm	5:00pm	
Adult Karate	7:30pm	7:00pm		7:30pm	6:30am	8:00am
Adult Kick-Boxing	8:30pm	8:00pm				
Adult Grappling			7:30pm	8:30pm		9:00am
*Kata 1 Yellow-black belt	7:00pm			7:00pm		10:30am
*Kata 2 Green-Black belt	5:30pm					

* Participation Requires BBC Membership