



AMOROSI'S ULTIMATE
K A R A T E

12 Eisenhower pky, Roseland, NJ 07068

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www.amorosikarate.com

Amorosi's Ultimate Karate Centers

Class Schedule Effective 1/08/07

Category/Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pee Wee	4:30pm		4:30pm			9:30am
Child Karate	6:00pm	5:00pm	6:00pm	5:00pm	4:30pm	10:00am
*Child Kick-Boxing	5:00pm	6:00pm			5:30pm	
*Child Grappling			5:00pm	6:00pm		11:00am
Junior Karate	6:00pm	5:00pm	6:00pm	5:00pm	4:30pm	10:00am
*Junior Kick-Boxing	5:00pm	6:00pm			5:30pm	
*Junior Grappling			5:00pm	6:00pm		11:00am
Adult Karate	8:00pm	7:00pm	7:00pm	8:00pm		8:00am
*Adult MMA						
Advanced Brown&black	7:00pm			7:00pm		
Cardio Kick-Boxing						