



AMMA UPCOMING EVENTS



BBC HIKING EXPEDITION - Saturday September 29, 2007. 9:00am to 1:00 pm -All children & juniors BBC Members are invited to join Shihan & the Senseis on a hike that will teach them survival techniques in the wild. The event will take place at Eagle Rock Reservation in West Orange. All hikers should wear long pants, have a spare pair of socks, appropriate and comfortable shoes for hiking (walking), layered clothing to accommodate temperature changes, A bagged lunch and water bottle. You should consider using a bug repellent prior to the beginning of the hike. Any adult volunteers to aid with the hike are welcome to join us. BBC members and volunteer parents are asked to sign up for the hike at the center. If you have a compass, be sure to bring it along.



HALLOWEEN TIME HAS ONCE AGAIN COME... JOIN AUK FOR A GREAT NIGHT OF FUN! The annual AMMA Halloween Bash will be held at Amorosi's Mixed Martial Arts Center. The party will take place on **October 26 at 6:00 pm – 9:00pm**. Please wear your costumes and be ready for **FOOD, FUN and GAMES, AUK style!** If you are interested in assisting with set up, and or bringing a dish of choice, please make a note on the party sign in sheet at the Center. The party is open to all AMMA students and their families, and please feel free to bring a friend.