



AMOROSI'S  
MIXED MARTIAL ARTS  
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Amorosi's Mixed Martial Arts

Class Schedule Effective 1/1/12

Category/Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Pee Wee</b>		<b>4:30pm</b>	<b>5:00pm</b>	<b>5:00pm</b>		<b>9:00am</b>
<b>Child Karate</b>	<b>6:30pm</b>	<b>5:30pm</b>	<b>6:00pm</b>	<b>7:00pm</b>		<b>11:30am</b>
<b>Child *Kick-Boxing</b>		<b>6:00pm</b>		<b>5:30pm</b>		<b>12:00pm</b>
<b>Child *Grappling</b>	<b>5:00pm</b>	<b>6:00pm</b>	<b>6:30pm</b>			<b>12:00pm</b>
<b>Junior Karate</b>	<b>6:30pm</b>	<b>5:30pm</b>	<b>6:00pm</b>	<b>7:00pm</b>		<b>11:30am</b>
<b>Junior *Kick-Boxing</b>		<b>6:00pm</b>		<b>5:30pm</b>		<b>12:00pm</b>
<b>*Junior Grappling</b>	<b>5:00pm</b>	<b>6:00pm</b>	<b>6:30pm</b>			<b>12:00pm</b>
<b>Adult Karate</b>	<b>7:00pm</b>	<b>7:30pm</b>	<b>7:30pm</b>	<b>7:30pm</b>		<b>9:30am</b>
<b>Adult Kick-Boxing</b>		<b>8:00pm</b>		<b>8:00pm</b>		<b>10:00am</b>
<b>Adult Grappling</b>	<b>7:30pm</b>	<b>9:00pm</b>	<b>8:00pm</b>			<b>10:00am</b>
<b>Kata</b>	Kids <b>6:00pm</b> Adult <b>8:30pm</b> Beg:white-black	Kids <b>5:00pm</b> Adult <b>7:00pm</b> Adv:Green-black	Kids <b>5:30pm</b> Adult <b>9:00pm</b> Int:purple-black	<b>6:30pm</b> All		<b>11:00am</b> All

\*Kata Key: ●Beg – Shodan ●Int – Nidan & Sandan ●Adv- Bo and up