



Tip and Test Review Week 07/19/10 - 07/24/10

Don't forget this week is **Tip & Test Review Week**. The format requires you to study the testing requirements for your next belt which can be found in your student manual (if you don't have one let us know). You should write down any techniques you don't know or are unsure of on the emailed form.

We will review the techniques during the first part of class. This format will ensure you are studying at home and reviewing your material. This in turn will help you progress to your next rank in a more consistent manner. Thus, you will become more excited about your martial arts training. Ultimately, that will increase your confidence in all that you do. That's the goal.

Should you have any questions drop us an email or call, we will be happy to assist you.